

## LOWER SCHOOL & CECE LUNCH MENU

# September 2024

Celebrating Hispanic/Latinx Heritage Month!

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
	<p><i>OPEN HOUSE</i></p>	<p><i>WELCOME BACK!!</i></p> <p>Turkey Bolognese Marinara Sauce Penne Pasta Sweet Peas Garlic Bread</p>	<p>Lemon Herb Salmon Grilled Eggplant Couscous Mixed Greens Salad</p>	<p>Cheese Pizza Veggie Pizza Roasted Broccoli Fresh Fruit Salad</p>
9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday
<p>Turkey Burger Veggie Burger Roasted Potato Wedges Green Beans</p>	<p>Shredded Chicken Tacos Pinto Bean Stew Cilantro Lime Rice Roasted Corn &amp; Peppers Sour Cream, Salsa, Lettuce</p>	<p>Beef &amp; Broccoli Glazed Cauliflower Lo Mein Noodles Carrots &amp; Cabbage</p>	<p>Mediterranean Chicken Chickpea Falafel Couscous Tabbouleh Cucumber, Tomato &amp; Feta Salad</p>	<p>Meatless Friday!  Mac n' Cheese Pasta w/ Marinara Sauce Roasted Broccoli Assorted Toppings Fresh Fruit Salad</p>
16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
<p>Spaghetti &amp; Meatballs Baked Veggie Pasta Garlic Bread Sweet Peas</p>	<p>Hawaiian BBQ Chicken BBQ Cauliflower Pineapple Fried Rice Cabbage Slaw</p>	<p>Crispy Baked Cod Crispy Eggplant Waffle Fries Green Beans Homemade Tartar Sauce</p>	<p>Cuban Style Ropa Vieja (Shredded Beef) Black Beans &amp; Peppers Steamed Rice Roasted Corn</p>	<p>Meatless Friday!  Classic Grilled Cheese Apple &amp; Gouda Grilled Cheese Tomato Soup Roasted Broccoli Fresh Fruit Salad</p>
23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
<p>Chicken Milanese Stuffed Mushrooms Creamy Orzo Roasted Green Beans</p>	<p>Ground Beef Lettuce Cups Glazed Tofu Steamed Rice Edamame</p>	<p>Turkey &amp; Cheese Panini Caprese Panini Roasted Potato Wedges Caesar Salad</p>	<p>Peruvian Chicken w/ Green Sauce Grilled Queso Fresco Cilantro Lime Rice Roasted Corn</p>	<p>Meatless Friday!  Pasta w/ Marinara Sauce or Spinach &amp; Basil Pesto Garlic Bread Sweet Peas Special Treat!</p>
30 Monday				
<p>Chicken Apple Sausage Sweet Potato Hash Couscous Sweet Peas</p>				
<p>* Sandwich/Salad Bar is open daily                  * Vegetarian entree served daily                  * Gluten and dairy free alternatives available                  * Sauces typically served on the side for grades PK - 1st                  * Yogurt, Apple Sauce, Whole Fruit &amp; Filtered Water available daily                  * Menu subject to change based on product availability</p>				